

Extracellular Signal-Regulated Kinase-2 within the Ventral Tegmental Area Regulates Responses to Stress

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Neurotrophic factors and their signaling pathways have been implicated in the neurobiological adaptations in response to stress and the regulation of mood-related behaviors. A candidate signaling molecule implicated in mediating these cellular responses is the extracellular signal-regulated kinase (ERK1/2), although its functional role in mood regulation remains to be fully elucidated. Here we show that acute (1 d) or chronic (4 weeks) exposure to unpredictable stress increases phosphorylation of ERK1/2 and of two downstream targets (ribosomal S6 kinase and mitogen- and stress-activated protein kinase 1) within the ventral tegmental area (VTA), an important substrate for motivated behavior and mood regulation. Using herpes simplex virus-mediated gene transfer to assess the functional significance of this ERK induction, we show that overexpressing ERK2 within the VTA increases susceptibility to stress as measured in the forced swim test, responses to unconditioned nociceptive stimuli, and elevated plus maze in Sprague Dawley male rats, and in the tail suspension test and chronic social defeat stress procedure in C57BL/6 male mice. In contrast, blocking ERK2 activity in the VTA produces stress-resistant behavioral responses in these same assays and also blocks a chronic stress-induced reduction in sucrose preference. The effects induced by ERK2 blockade were accompanied by decreases in the firing frequency of VTA dopamine neurons, an important electrophysiological hallmark of resilient-like behavior. Together, these results strongly implicate a role for ERK2 signaling in the VTA as a key modulator of responsiveness to stress and mood-related behaviors.

Introduction

Acting in several brain regions, neurotrophins and their signaling pathways play significant roles in neuronal excitability, synaptic transmission, models of learning and memory (Schuman, 1999; Poo, 2001; Alonso et al., 2002; Rattiner et al., 2005), and responses to drugs of abuse (Horger et al., 1999; Pierce and Bari, 2001; Bolaños and Nestler, 2004; Lu et al., 2004; Russo et al., 2007; Schoenbaum et al., 2007; Graham et al., 2009). Neurotrophin signaling cascades have also been shown to play crucial roles in regulating responses to stress in several animal models of depression and antidepressant action (Russo-Neustadt et al., 2000; Nestler et al., 2002; Eisch et al., 2003; Rattiner et al., 2005; Berton et al., 2006; Duman and Monteggia, 2006; Schmidt and Duman, 2007).

Midbrain dopamine neurons of the ventral tegmental area (VTA) and their projections to the nucleus accumbens (NAc), which together form the mesolimbic dopamine system, express neurotrophins and their Trk receptors (Conner et al., 1997; Yan

et al., 1997; Numan and Seroogy, 1999). The VTA–NAc pathway is best known for its role in encoding the incentive-motivational valence of drug and natural rewards (Koob and Le Moal, 2001; Kelley and Berridge, 2002; Wise, 2004). Chronic exposure to drugs of abuse has been shown to alter neurotrophin signaling cascades within the VTA, including upregulation of the extracellular signal-regulated kinase (ERK) cascade (Ortiz et al., 1995; Berhow et al., 1996; Nestler et al., 1996; Russo et al., 2007). ERK consists of two isoforms (ERK1 and ERK2) and is one of several mitogen-activated protein kinases involved in numerous cellular processes, including long-term neuronal plasticity, maintenance, and survival (Hetman and Gozdz, 2004; Subramaniam and Unsicker, 2010). More recently, ERK has also been implicated in adaptive responses to stress and antidepressant treatments, although in brain regions other than the VTA–NAc circuitry (Einat et al., 2003; Dwivedi et al., 2006; Duman et al., 2007; Gourley et al., 2008).

Beyond addiction, the mesolimbic dopamine system has been increasingly implicated in the regulation of mood- and depression-related behaviors (Fibiger and Phillips, 1981; Willner, 1983; Anisman and Zacharko, 1986; Wise, 1987; Koob, 1996; Naranjo et al., 2001; Nestler and Carlezon, 2006). Chronic exposure to stress activates the VTA–NAc pathway (Bertolucci-D'Angio et al., 1990; Horger and Roth, 1996; Jensen et al., 2003). Moreover, previous exposure to stress sensitizes an individual to the effects of drugs of abuse and vice versa (Shaham et al., 2000; Covington and Miczek, 2005), and chronic stress causes many of

Received Feb. 22, 2010; revised April 9, 2010; accepted April 15, 2010.

This work was supported by grants from the National Institute on Drug Abuse (C.A.B.-G., E.J.N.) and the National Institute of Mental Health (E.J.N.). S.D.I. was supported by a McKnight Fellowship from the Florida Education Fund, a Neuroscience Fellowship from Florida State University, and National Institute on Drug Abuse National Research Service Award F31DA027300. B.L.W. was supported by a Neuroscience Fellowship from Florida State University.

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DOI:10.1523/JNEUROSCI.0951-10.2010

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the same long-term molecular and cellular adaptations seen after acute or chronic administration of drugs of abuse (Fitzgerald et al., 1996; Ortiz et al., 1996; Saal et al., 2003; Krishnan et al., 2007). Based on these shared actions of drugs of abuse and stress, the goal of the present investigation was to assess whether acute or chronic stress, such as drugs of abuse, alters the ERK pathway within the VTA and, if so, whether such adaptations can influence an animal's functional responses to stress and other mood-related stimuli.

Materials and Methods

Animals. For all experiments, animals were male, fed *ad libitum*, allowed a 1 week habituation period before experimental manipulation, and housed at 23–25°C on a 12 h light/dark cycle (lights on at 7:00 A.M.). Sprague Dawley rats (275–300 g; Charles River), 9-week-old C57BL/6 mice (The Jackson Laboratory), and CD1 retired breeders (Charles River) were used in this study. Rats (two per cage) and C57BL/6 (four per cage) and CD1 (one per cage) mice were housed in clear polypropylene boxes containing wood shavings. Experiments were conducted in compliance with the guidelines for the Care and Use of Laboratory Animals (Council, 2003) and approved by the Florida State University Animal Care and Use Committee.

Acute and chronic unpredictable stress. An initial experiment was performed to assess how stress affects ERK phosphorylation within the VTA. More specifically, rats were randomly assigned to either an acute or chronic unpredictable stress regimen. Rats in the acute condition were stressed one time only: forced to swim for 15 min under conditions they could not escape (18°C water; light cycle). Under chronic stress, rats were subjected to single daily episodes of unpredictable stress for 4 weeks (Willner et al., 1987; Perrotti et al., 2004). Chronic stress consisted of randomized periods of food or water deprivation (overnight), continuous cage shaking (1 h on an automatic shaker; light cycle), forced swim stress (15 min, in 18°C water; light cycle), continuous overnight illumination (12 h), intermittent illumination (12 h; 2/2 h light/dark), overcrowded caging (10 rats per cage; overnight), wet cage (12 h; light cycle), exposure to cold temperature (1 h at 4°C; light cycle), and acute restraint stress (40 min; light cycle) using plastic DecapiCones (Briantree Scientific). Immediately after the last episode of stress (i.e., forced swimming in the acute stress condition or physical restraint in the chronic stress condition) VTA punches were collected and maintained at –80°C until immunoassayed.

Western blotting. Tissue punches of VTA (1.25 mm diameter) from rats were sonicated in a standard lysis buffer and then centrifuged at 14,000 rpm for 15 min. Samples (20 µg; estimated through the Bradford assay) were treated with β-mercaptoethanol and subsequently electrophoresed on precast 4–20% gradient gels (Bio-Rad). Proteins were transferred to a polyvinylidene fluoride membrane, washed in 1× Tris-buffered saline with 0.1% Tween 20 (TBST), and blocked in milk dissolved in TBST (5% w/v) for 1 h at 25°C. Blots were probed (overnight at 4°C) with antibodies against the phosphorylated forms of the protein [except tyrosine hydroxylase (TH) and glyceraldehyde-3-phosphate dehydrogenase (GAPDH)] and then stripped (Restore; Thermo Fisher Scientific) and probed with antibodies against total protein of the same type. Antibodies were from Cell Signaling Technology [ERK1/2, ribosomal S6 kinase of 90 kDa (90RSK), and mitogen- and stress-activated protein kinase 1 (MSK1), phospho (p)-protein and total (t) protein, except total MSK1] and were used according to the instructions of the manufacturer (in 5% milk dissolved in TBST). After additional washes, membranes were incubated with peroxidase-labeled goat anti-rabbit IgG or horse anti-mouse IgG (1:40,000; Vector Laboratories). Bands were visualized with SuperSignal West Dura substrate (Pierce Biotechnology) and quantified (normalized to GAPDH) using NIH ImageJ.

Viral manipulation, behavioral design, and procedures. Based on the results from the acute and chronic stress experiment described above, separate groups of rats were microinjected with herpes simplex virus (HSV) vectors encoding green fluorescent protein (GFP), wild-type ERK2–GFP (wtERK2), or a dominant-negative mutant of ERK2–GFP (dnERK2) to determine whether direct viral-mediated gene manipula-

tion modulates ERK signaling and, if so, assess whether the viral-induced adaptations influence the firing rate of dopamine neurons within the VTA. After these experiments, separate groups of rats and C57BL/6 mice received microinfusions of HSV–GFP, HSV–wtERK2, or HSV–dnERK2 within the VTA to further assess how manipulation of ERK2 itself influences an animal's reactivity to stress. Thus, subjects were tested on different behavioral procedures designed to assess functional responses to stressful situations and other emotion-eliciting stimuli. All viral-mediated experiments were performed 3 d after virus infusion as described below.

Viral vectors. The construction of the HSV vectors has been described previously (Robinson et al., 1996; Neve et al., 1997), and the ERK2 vectors have been validated *in vivo* and *in vitro* (Krishnan et al., 2007; Russo et al., 2007; present results). The average titer of the recombinant virus stocks was 4.0×10^7 infectious units/ml. Titers did not differ by >10% among preparations. All behavioral experiments were commenced on day 3 after viral surgery, a time at which maximal transgene expression caused by these vectors is observed (Carlezon et al., 1998; Barrot et al., 2002). Expression of the HSV-encoded transgenes was limited to an area of ~1 mm³ around the injection site, and viral expression was not apparent in either afferent or efferent regions of the injected area. Thus, we found no detectable HSV expression in either the NAC or the dorsal raphe (Bolaños et al., 2003b; Iñiguez et al., 2008).

Animal surgery. For stereotaxic delivery of the viruses, rats were anesthetized with a ketamine/xylazine mixture (80/10 mg/kg, i.m.) and given atropine (0.25 mg/kg, s.c.) to minimize bronchial secretions; afterward, rats were given bilateral microinjections (1.0 µl per side over 10 min of HSV–GFP, HSV–wtERK2, or HSV–dnERK2) into the rostral region of the VTA [anteroposterior, –4.9 mm; lateral, +2.2 mm; dorsoventral, –7.6 mm below dura (Paxinos and Watson, 1997)], using a 32 gauge Hamilton syringe angled at 10° from the midline, to avoid piercing the sinus system. Similarly, mice were anesthetized with ketamine/xylazine (100/10 mg/kg, i.p.) and received bilateral infusions (0.5 µl over 5 min) of virus into established mouse VTA coordinates (anteroposterior, –3.2 mm; lateral, +1.0 mm; dorsoventral, –4.6 mm; 7° angle). The VTA injection sites were confirmed in all animals by standard histology methods (described below). The local anesthetic bupivacaine was applied directly along the wound edges to minimize any potential postoperative discomfort.

Histology and transgene detection. At the end of the behavioral experiments, rats and mice were given an overdose of pentobarbital and perfused transcardially with 0.9% saline, followed by cold 4% paraformaldehyde. The brains were removed, postfixed overnight in 4% paraformaldehyde, and stored in 20% glycerol solution. Coronal sections (45 µm) through the midbrain were taken on a microtome and stored in 0.1 M sodium phosphate buffer with 0.05% azide. Sections were processed to examine the ability of HSV construct to drive expression of GFP and TH within the VTA as described previously (Russo et al., 2007). Midbrain free-floating coronal sections were processed for immunohistochemistry using the following antibodies: rabbit anti-GFP (1:1000; Abcam) and TH (mouse; 1:5000; Millipore Bioscience Research Reagents), a marker of VTA dopamine neurons. Adjacent sections were blocked in 3% normal donkey serum (NDS) and incubated overnight in one of the primary antibodies mentioned above, along with 0.3% Triton X-100 (Thermo Fisher Scientific) and 1% NDS. Sections were incubated with anti-rabbit or anti-mouse secondary antibody (Jackson ImmunoResearch) for 2 h at room temperature. Stained sections were then slide mounted (Thermo Fisher Scientific), dehydrated in ethanol and citrosolv, and coverslipped with clear DPX adhesive (Sigma). Slides were then visualized and photographed using a fluorescence microscope and a digital camera. Data obtained from animals with placements outside the intended brain regions (<10% of all experimental animals) were not included in the analyses.

Forced swimming and tail suspension tests. The forced swim test is a 2 d procedure in which rats are forced to swim under conditions in which they cannot escape. On the first day, rats are forced to swim. Initially, they engage in escape-like behaviors but eventually adopt a posture of immobility in which they make only the movements necessary to maintain their head above water. When retested 24 h later, rats become immobile

very quickly; however, antidepressant treatment between the forced swim exposures can significantly increase their escape-like behaviors, an effect that has been correlated with antidepressant activity in humans (Steru et al., 1985; Porsolt et al., 1987; Cryan et al., 2005). At the start of the experiment, rats received intra-VTA injections of HSV-GFP, HSV-wtERK2, or HSV-dnERK2 and were left undisturbed to recover for 2 d. Twenty-four hours later (3 d after viral infusion), rats were placed in plastic cylinders (75 × 30 cm) filled to 54 cm depth with 25°C water and forced to swim for 15 min. At the end of this period, rats were removed from the water, dried with towels, placed in a warmed enclosure for 30 min, and then returned to their home cage. All cylinders were emptied and cleaned between rats. Twenty-four hours later, rats were retested for 5 min under identical conditions, and sessions were videotaped. In this study, the latency to become immobile, total immobility, and behavioral counts (i.e., floating, climbing, and swimming) were the dependent variables. Latency to immobility was defined as the time at which the rat first initiated a stationary posture that did not reflect attempts to escape from the water. To qualify as immobility, this posture had to be clearly visible and maintained for ≥ 2.0 s. Behavioral counts were taken at 5 s intervals during the 5 min retest (Detke and Lucki, 1996; Lucki, 1997; Pliakas et al., 2001).

A related test of behavioral despair, the tail suspension test, was performed in C57BL/6 mice. This test involves the stress of being suspended by the tail in a manner in which they cannot escape rather than forced to swim (Steru et al., 1985; Cryan et al., 2005). Mice were microinjected with HSV vectors into the VTA and, 3 d later, were suspended by their tail for 5 min, and the total time spent immobile (seconds) was measured.

Basal locomotor activity after day 1 of forced swimming. Spontaneous locomotor activity was indexed as distance traveled (centimeters) in an open field (63 × 63 cm) that consisted of a square box that rats can explore freely (Wiley et al., 2009; Iñiguez et al., 2010). This task was performed 24 h after the forced swim test on day 1 to assess whether the effects observed in the forced swim test (day 2) could be confounded by changes in general locomotor activity after viral-mediated gene transfer.

Social defeat stress. To further delineate how ERK2 modulation within the VTA influences responsiveness to stressful situations, we conducted social defeat experiments in C57BL/6 male mice. CD1 mice with consistent attack latencies (≤ 30 s on three consecutive screening tests) were housed in cages fitted with perforated Plexiglas separators (Florida State University Psychology, Engineering Group), which allow sensory contact without permitting physical contact, and used to defeat C57BL/6 mice in two separate experiments (Berton et al., 2006; Krishnan et al., 2007). In the first experiment, naive mice were microinjected with HSV-GFP or HSV-wtERK2 and were exposed to a submaximal defeat protocol: three 5-min-long defeat episodes interspersed by 15 min rest periods (see Fig. 4a) on a single day (Krishnan et al., 2008). Social avoidance behaviors toward an unfamiliar CD1 mouse were assessed the following day in a two-stage social interaction test. In the first 2.5 min trial (“target absent”), the experimental C57BL/6 mouse was allowed to freely explore a square-shaped open-field arena (44 × 44 cm) containing a wire-mesh cage (10 × 6 cm) apposed to one side (see Fig. 4b). During the second 2.5 min trial (“target present”), the mouse was reintroduced into this arena now containing an unfamiliar CD1 mouse within the cage. Video-tracking software (Noldus) was used to measure the time spent in the “interaction zone” (14 × 26 cm) and the “corner zones” (10 × 10 cm). For the second experiment (see Fig. 4c), a separate group of naive mice were defeated for 10 d (10 min/d). After the social interaction test (day 11), the defeated mice (those showing social avoidance) were randomly assigned to receive HSV-GFP or HSV-dnERK2 vectors into the VTA. Three days after surgery, avoidance behaviors (social interaction test) toward an unfamiliar CD1 mouse were assessed (Krishnan et al., 2007, 2008).

Sucrose preference. Two separate sucrose preference tests were conducted using a two-bottle choice procedure under red light at the beginning of the dark phase. In the first experiment, rats were habituated to drink a 1% sucrose solution for 3 d (from two drip-controlled bottles). On day 4, the sucrose solution was replaced with tap water for an additional 2 d. Two hours (5:00 P.M.) before the test (at the end of day 5), rats were singly housed with access to food. At the start of the dark phase (7:00

P.M.), rats were given access to the two bottles (containing water or 1% sucrose). The position of the water and sucrose bottles (left or right) was switched every 30 min from 7:00 P.M. to 10:00 P.M. After the 3 h period, rats were left undisturbed, and their overnight fluid consumption was measured the next morning (8:00 A.M.). The preference for sucrose over water [i.e., sucrose/(water + sucrose)] was used as a measure for rats' sensitivity to reward (Willner et al., 1987; Iñiguez et al., 2009). No differences in sucrose preference or liquid intake were found during the 3 h period; thus the water and sucrose consumption data analyzed were those taken at 7:00 P.M. and 8:00 A.M. At the end of the testing period, rats were again housed in pairs. The total amount of fluid (water or sucrose) intake was considered baseline preference. Only rats showing a $\leq 60\%$ preference to sucrose over water were used for the rest of the experiment. Four days after the pretest (i.e., baseline preference), animals received intracranial HSV microinjections into the VTA. On day 3 after surgery, the sucrose preference test was repeated exactly as performed on day 5 of baseline (Barrot et al., 2002; Bolaños et al., 2003b). The second experiment was conducted to assess whether ERK2 could influence preference for sucrose after chronic unpredictable stress. After baseline preferences (procedure as described above), rats were exposed to 7 d of chronic unpredictable stress as described above (Willner et al., 1987; Perrotti et al., 2004). Twenty-four hours after the last day of stress (forced swimming), animals received intracranial HSV or sham microinjections into the VTA. On day 3 after surgery, the sucrose preference test was performed (as described above).

Responses to nociceptive stimuli. In this test, rats were exposed to an electric footshock session in an apparatus consisting of a computerized box with a grid 3 d after viral infusions into the VTA (Barrot et al., 2002; Bolaños et al., 2003b). The threshold of footshock intensity required to induce a behavioral response was determined. After 2 min of habituation to the testing chamber, rats received a footshock every 30 s starting at 0.05 mA, with a 0.05 mA increment between each shock (to a maximum of 1.0 mA). The intensity at which a flinch, an audible vocalization, or a jump first appeared was recorded. The test session was terminated after all three behavioral responses were observed in each animal (Bonnet and Peterson, 1975; Barrot et al., 2002; Bolaños et al., 2003b).

Elevated plus maze. Rats receiving HSV microinjections into the VTA were tested for 5 min on the elevated plus maze, a test of anxiety-like behavior (Montgomery, 1955). The maze was made of gray plastic and consisted of two perpendicular, intersecting runways (12 cm wide × 100 cm long). One runway had tall walls (40 cm high) or “closed arms,” and the other one had no walls or “open arms.” The arms were connected together by a central area, and the maze was elevated 1 m from the floor. At the beginning of the test, under controlled light conditions (~ 90 lux), rats were placed in the central area, facing one of the open arms, and the cumulative time spent in the open arms was videotaped. We also assessed self-grooming in the closed arms because rats engage in repetitive grooming in response to anxiogenic stimuli (Spruijt et al., 1988; Bolaños et al., 2003a).

VTA slice cultures. Slice cultures were prepared as described previously (Han et al., 2006; Krishnan et al., 2007, 2008). Acute coronal brain slices (300 μ m) containing the VTA were obtained in sucrose-artificial CSF (aCSF) (for composition, see below, Electrophysiology). Slices were trimmed as small as possible and were maintained for up to 3 d in 34°C incubator. We used Invitrogen MEM containing 30 mM HEPES, 20 mM D-glucose, 5% B27, 5.0 mM L-glutamine, and 25 U/ml streptomycin/penicillin. This culture medium successfully maintained stable pacemaker activity of the dopamine neurons in the VTA slice cultures.

Electrophysiology. Brain was quickly removed and put into cold sucrose-aCSF, which was derived by fully replacing NaCl with 254 mM sucrose in aCSF; it contained the following (in mM): 128 NaCl, 3 KCl, 1.25 NaH₂PO₄, 10 D-glucose, 24 NaHCO₃, 2 CaCl₂, and 2 MgCl₂ (oxygenated with 95% O₂ and 5% CO₂, pH 7.35, 295–305 mOsm). Brain slices containing VTA were cut using a microslicer (DTK-1000; Ted Pella) in cold sucrose-aCSF. Slices were kept for recovery in a holding chamber with aCSF for 1 h at 37°C, and HSV vectors were pipetted onto the VTA area of the slice surface. VTA slice cultures were transferred into a recording chamber, in which a constant flow of aCSF (~ 2.5 ml/min) was maintained throughout the experiment at 34°C. Single-unit extracellular po-

tentials were recorded by the use of loose patch recording mode (Han et al., 2006; Krishnan et al., 2007, 2008) with glass pipettes filled with 115 mM potassium gluconate, 20 mM KCl, 1.5 mM MgCl₂, 10 mM phosphocreatine, 10 mM HEPES, 2 mM ATP-Mg, and 0.5 mM GTP, pH 7.2, 285 mOsm, and monitored through high-input impedance amplifier (axoclamp 2B; Molecular Devices). VTA dopamine neurons in these experiments were identified by location and well established electrophysiological criteria: regular spontaneous firing, action potential (AP) with triphasic waveforms (positive, negative, positive), and AP width (from start to trough) >1.1 ms under the filter conditions of 300 Hz to 0.8 kHz as reported previously (Ungless et al., 2004; Werkman et al., 2004; Krishnan et al., 2008). The waveform of AP (see Fig. 7a) for measuring AP width was obtained by averaging 30–40 AP episodes. The firing rate of dopamine neurons were recorded in the bridge mode of amplifier AxoClamp 2B, and data acquisition and online analysis of firing rate were realized with Digidata 1322A digitizer and pClamp 8.2 (Molecular Devices).

Statistical analyses. Assignment of subjects to the various testing and viral conditions was random. Behavioral data were analyzed using one- or two-way ANOVA, followed by Tukey's *post hoc* test. A *t* test was used for all other analyses implicating only a two-groups comparison. Data are expressed as the mean ± SEM. In all cases, statistical significance was defined as *p* < 0.05.

Results

Stress increases ERK signaling within the VTA

Immunoblot analysis was used to examine the effects of acute or chronic unpredictable stress on ERK activity, as inferred from the phosphorylation of ERK1/2 and of two downstream targets, 90RSK and MSK1, within the VTA. Figure 1 shows immunoblots of VTA homogenates representing averages of expression levels of pERK1, pERK2, p90RSK, pMSK1, and tTH under acute (*a*) and chronic (*b*) stress conditions. Acute stress (*n* = 10 per group) significantly increased levels of pERK1 ($t_{(18)} = 2.89, p < 0.001$), pERK2 ($t_{(18)} = 4.71, p < 0.0002$), p90RSK ($t_{(18)} = 4.49, p < 0.0003$), and pMSK1 ($t_{(18)} = 6.63, p < 0.0001$), with no changes in tERK1, tERK2, t90RSK, and tTH (*p* > 0.05, respectively) when compared with controls (all normalized to GAPDH). Chronic unpredictable stress (*n* = 5 per group) similarly increased levels of pERK1 ($t_{(8)} = 2.03, p < 0.04$), pERK2 ($t_{(8)} = 2.11, p < 0.03$), p90RSK ($t_{(8)} = 2.05, p < 0.03$), and pMSK1 ($t_{(8)} = 3.72, p < 0.01$), with no changes in total levels of these enzymes, including TH (*p* > 0.05, respectively), when compared with controls.

Validation of viral-mediated gene transfer in the VTA

Figure 2*a* shows the region of the VTA to which microinjections of HSV vectors (HSV–GFP, HSV–wtERK2, or HSV–dnERK2) were targeted. As reported previously, we found that virus expression was maximal between days 3 and 4 after injection (data not shown), significantly declining thereafter, and nondetectable 1 week after the microinjection (Carlezon et al., 1997; Barrot et al., 2002; Olson et al., 2005). Confocal microscopy (Fig. 2*b–d*) revealed that the percentage of TH-positive neurons overexpressing GFP in the VTA (~53%) was similar to previous findings (Olson et al., 2005; Russo et al., 2007) with no detectable expression of the viral-encoded transgenes in glial cells (data not shown).

We also demonstrated that our viral-mediated gene transfer manipulation modulates ERK signaling in the VTA. Three days after viral microinjections, VTA punches were obtained from infected rats (*n* = 6 per group) for immunoblotting studies in which we examined a panel of antibodies against molecules involved in ERK signaling (Fig. 2*e*). Separate one-way ANOVAs (for protein of interest) showed significant differences in pERK2 ($F_{(2,15)} = 6.31, p < 0.01$) and other pERK-dependent signaling

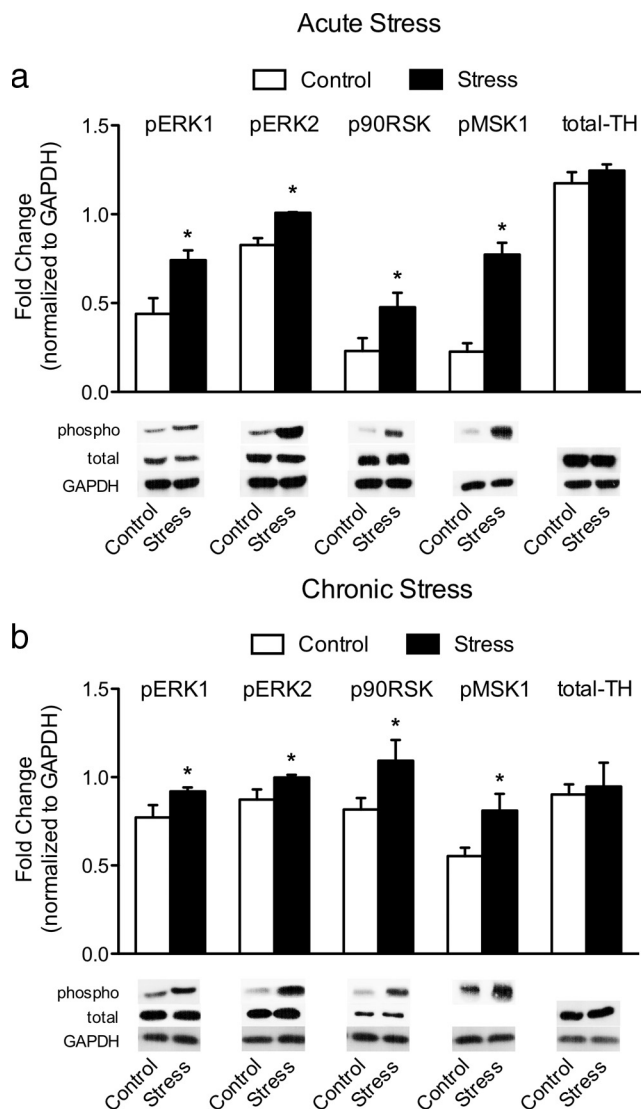


Figure 1. *a, b*, Immunoblots of rat VTA homogenates representing average expression levels of pERK1, pERK2, p90RSK, pMSK1, and tTH under acute (*a*) and chronic unpredictable (*b*) stress conditions. Acute stress (*n* = 10 per group) consisted of a single exposure to forced swimming (15 min). Chronic stress (*n* = 5 per group) consisted of daily episodes of stress for 4 weeks, ending with physical restraint (40 min). Tissue was extracted immediately after the last exposure to stress. Both acute and chronic stress significantly increased the levels of pERK1, pERK2, p90RSK, and pMSK1 (normalized to GAPDH) without affecting total levels of these proteins, or total TH when compared with controls. Data are shown as mean ± SEM. **p* < 0.05 compared with respective controls.

proteins as a function of virus treatment (p90RSK, $F_{(2,15)} = 5.71, p < 0.01$; pMSK1, $F_{(2,15)} = 28.77, p < 0.0001$, respectively). *Post hoc* analyses showed that HSV–wtERK2 significantly increased pERK2, p90RSK, and pMSK1 levels, whereas HSV–dnERK2 significantly decreased pERK2, p90RSK, and pMSK1 levels (*p* < 0.05, respectively) compared with their respective HSV–GFP controls. Conversely, no differences in levels of pERK1 as a function of virus were detected (*p* > 0.05). Similarly, no differences in tERK1, tERK2, t90RSK, or tTH as a function of virus treatment were observed (*p* > 0.05).

ERK2 regulation of behavioral responses to emotion-eliciting stimuli

Based on the ability of acute and chronic unpredictable stress to increase ERK2 signaling in the VTA, it was of interest to study the

functional consequences of altered ERK activity in this brain region on emotional behavior. Increased ERK2 function was induced in the VTA of adult rats or mice by local injection of HSV–wtERK2, whereas decreased ERK2 function was induced by HSV–dnERK2 injection.

ERK2 activity in the VTA regulates behavioral reactivity to forced swimming and tail suspension stress

We first used the forced swim test in rats, which is used widely as a screen for antidepressant efficacy as well as a measure of behavioral despair (Pliakas et al., 2001; Cryan et al., 2002). In this test, animals initially struggle in an attempt to escape but within 1–2 min become immobile. The effects of HSV–GFP, HSV–wtERK2, and HSV–dnERK2 on day 2 of forced swimming are shown in Figure 3, *a* and *b* ($n = 12$ – 13 per group). We found that the amount of time rats engaged in escape-directed behaviors in the forced swim test was dependent on viral treatment. Latency to become immobile varied as a function of virus treatment ($F_{(2,34)} = 42.04, p < 0.0001$) (Fig. 3*a*). HSV–wtERK2-treated rats had shorter latencies to become immobile (interpreted as increased susceptibility to stress) when compared with HSV–GFP-treated rats ($p < 0.05$). Conversely, HSV–dnERK2-treated rats displayed significantly longer latencies to become immobile (decreased susceptibility to stress) when compared with HSV–GFP-treated controls ($p < 0.05$). Virus treatments also influenced total immobility ($F_{(2,34)} = 8.81, p < 0.001$), with HSV–dnERK2-treated rats showing significantly lower total immobility when compared with the HSV–GFP-treated group ($p < 0.05$). This dnERK2-induced stress-resistant phenotype was correlated with lower floating counts ($F_{(2,34)} = 7.16, p < 0.003$) and higher climbing counts ($F_{(2,34)} = 9.25, p < 0.001$) and a tendency for higher swimming counts ($p = 0.07$) when compared with controls (Fig. 3*b*). In contrast to the VTA, HSV microinjections into the substantia nigra ($n = 5$ per group) did not alter the responses ($p > 0.05$) of the animals in the forced swim test (Fig. 3*c*).

A separate group of rats receiving HSV–wtERK2, HSV–dnERK2, or HSV–GFP into the VTA ($n = 4$ per group) were tested in the open-field box to assess whether the effects observed in the forced swim test could be confounded by changes in general locomotor activity after viral-mediated gene transfer. As can be seen in the inset of Figure 3*b*, no significant differences were apparent between the groups when locomotor activity was assessed 24 h after day 1 of forced swimming.

To complement the findings from the forced swim test in a second species, we studied the effect of viral infusions into the VTA of C57BL/6 mice in the tail suspension test ($n = 6$ per group), in which total immobility has been widely validated as a measure of antidepressant efficacy and depression-like behavior (Cryan et al., 2005). We obtained results very similar to those observed in the forced swim test with rats ($F_{(2,15)} = 16.59, p <$

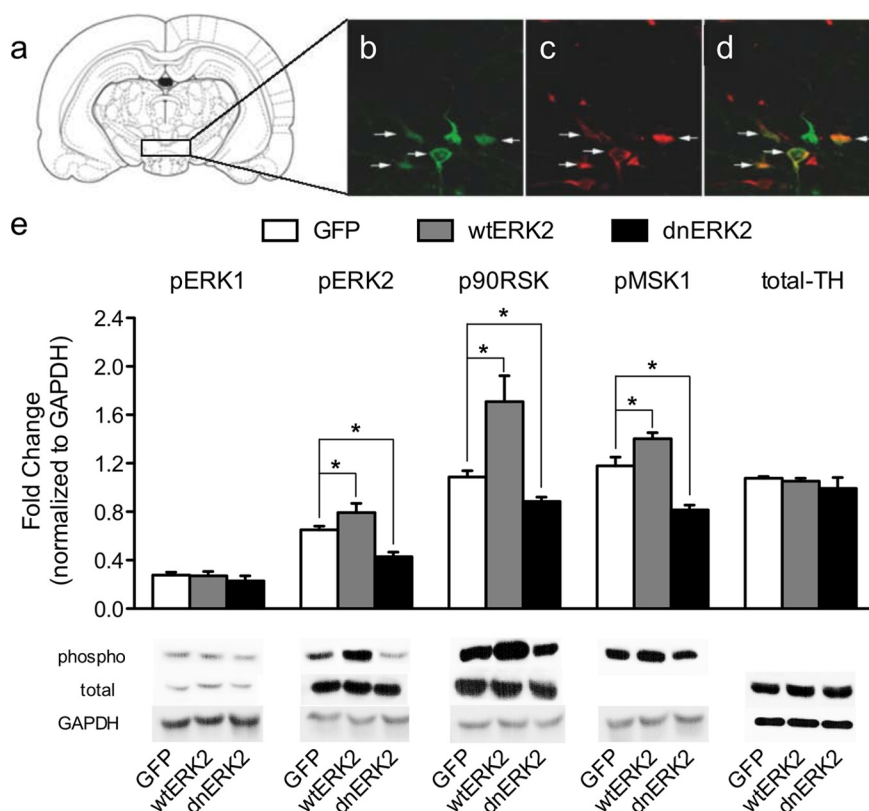


Figure 2. Viral-mediated gene transfer into the rat VTA. *a*, Region of VTA to which microinjections of HSV vectors were targeted. Adapted from *The Rat Brain in Stereotaxic Coordinates* (Paxinos and Watson, 1997). *b*, Cells expressing wtERK2–GFP (green, cyanine 2) fluorescence. *c*, Cells expressing TH (red, cyanine 3) fluorescence. *d*, Merged image of *b* and *c* showing dual-labeled neurons in the VTA (magnification, 400 \times ; \sim 5 mm caudal to bregma). Arrows indicate labeled cells. *e*, Infusion of the different virus vectors (HSV–GFP, HSV–wtERK2, or HSV–dnERK2) into the VTA ($n = 6$ per group) resulted in differences in pERK1/2, p90RSK, and pMSK1. Infusion of HSV–wtERK2 increased, whereas HSV–dnERK2 decreased, levels of pERK2, p90RSK, and pMSK1, without altering levels of pERK1 (normalized to GAPDH) or total protein levels of ERK1, ERK2, 90RSK, and TH when compared with respective controls (HSV–GFP). Data are shown as mean \pm SEM. * $p < 0.05$ compared with respective controls.

0.0002) (Fig. 3*d*). HSV–wtERK2-treated mice showed higher total immobility ($p < 0.05$; increased susceptibility to stress), whereas HSV–dnERK2-treated mice showed lower total immobility ($p < 0.05$; decreased susceptibility to stress) when compared with the HSV–GFP controls.

ERK2 activity in the VTA regulates vulnerability to social defeat stress

To further assess the causal role of ERK2 activity in the VTA as a mediator of increased vulnerability to stress, we microinjected HSV–GFP ($n = 6$) or HSV–wtERK2 ($n = 8$) into the VTA of naive C57BL/6 mice and assessed their social interaction time after a submaximal period of social defeat (Fig. 4*a*). This behavioral assay has been used previously to study molecular adaptations that promote stress vulnerability (Krishnan et al., 2007, 2008). As can be seen in Figure 4*d*, HSV–GFP-treated mice demonstrated significantly higher levels of social interaction when the target is present (target absent vs present, $t_{(10)} = 2.75, p < 0.02$), similar to responses observed in uninjected control mice (data not shown). In contrast, no change in social interaction was observed in the HSV–wtERK2-treated mice during exposure to a social target (target absent vs present, $p > 0.05$). These results indicate that the submaximal social defeat protocol used was, as expected, not sufficient to induce social avoidance in the HSV–GFP mice but did induce significant social avoidance in HSV–wtERK2-treated mice when compared with controls (target

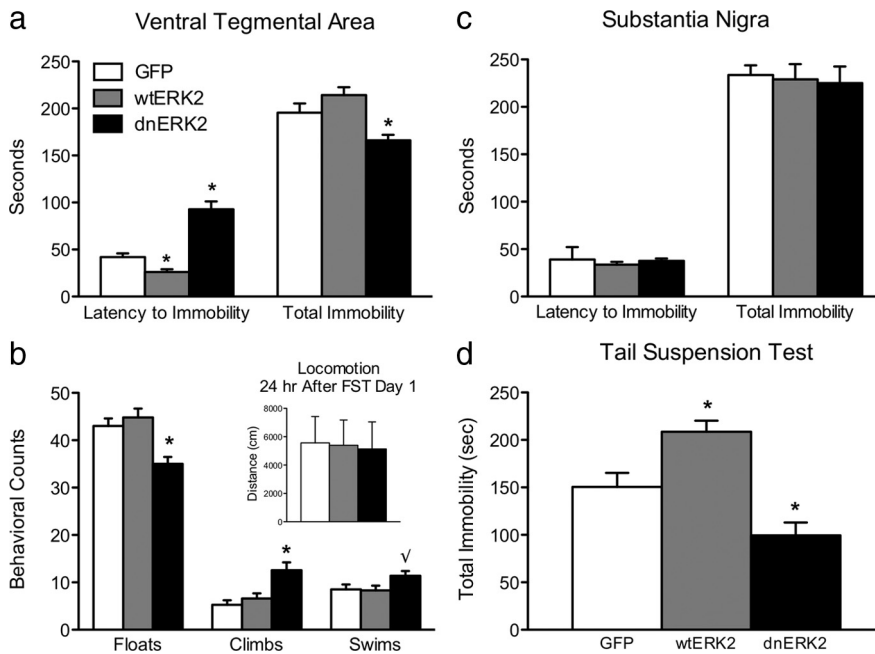


Figure 3. ERK2 in the VTA regulates behavior responses in the rat forced swim test and the mouse tail suspension test. In the forced swim test, latencies to become immobile varied as a function of viral vector treatment ($n = 12$ – 13 per group). Latency to become immobile was significantly decreased in rats treated with HSV–wtERK2 and significantly increased in rats treated with HSV–dnERK2 when compared with HSV–GFP controls ($*p < 0.05$). **a**, Total immobility was also influenced by viral treatment with HSV–dnERK2-treated rats showing significantly lower total immobility. **b**, Behavioral counts were affected by viral treatment. HSV–dnERK2-treated rats showed fewer floating ($p < 0.05$) and greater climbing ($p < 0.05$) and swimming ($\sqrt{p} = 0.07$) counts compared with HSV–GFP controls. There were no group differences when locomotor activity (distance traveled in centimeter), rather than swimming, was quantified during testing day (**b**, inset; $n = 4$ per group). **c**, Viral infusions into the substantia nigra (anatomical control; $n = 5$ per group) did not influence latency to immobility or total immobility in the rat forced swim test. **d**, In mice, HSV–wtERK2 increased, whereas HSV–dnERK2 decreased, total immobility in the tail suspension test ($n = 6$ per group) when compared with HSV–GFP controls. Data are presented as latencies to become immobile and total immobility (in seconds) and as cumulative 5 s intervals of swimming, climbing, and floating counts (mean \pm SEM). FST, Forced swim test.

present, $t_{(12)} = 3.19$, $p < 0.001$, thus indicating increased vulnerability to stress under these conditions. Assessing time in the corner zones (Fig. 4e), which provides an additional measure of social avoidance (Krishnan et al., 2007), yielded similar results: wtERK2-treated mice spent significantly more time in the corners in the presence of the aggressor (target absent vs target present, $t_{(14)} = 2.61$, $p < 0.02$) or when compared with the HSV–GFP-treated controls ($t_{(12)} = 2.98$, $p < 0.01$).

In a separate experiment, naive C57BL/6 mice were subjected to a full 10 d of social defeat (Fig. 4c), which induces social avoidance in the majority of animals (Krishnan et al., 2007), an effect that can be reversed by chronic, but not acute, antidepressant treatment (Berton et al., 2006; Tsankova et al., 2006). Only those defeated mice demonstrating significantly high levels of social avoidance were selected to receive microinjections of HSV–GFP ($n = 6$) or HSV–dnERK2 ($n = 7$) into the VTA. No differences in the magnitude of social avoidance were detected between these groups before surgery (data not shown). Three days after viral infusions (Fig. 4f), HSV–GFP-treated mice showed the expected decrease in interaction times in response to a CD1 mouse ($t_{(10)} = 2.8$, $p < 0.01$). Conversely, the HSV–dnERK2-treated mice did not display social avoidance in the presence of the aggressor ($p > 0.05$), and, on the contrary, they displayed a tendency toward social interaction ($p = 0.06$), thus showing that decreasing ERK2 in the VTA ameliorates the effects of chronic social defeat stress. This was further evidenced when assessing the time spent in the corner zones (Fig. 4g), because the

GFP-treated mice spent significantly more time in the corners when compared with HSV–dnERK2-treated mice ($t_{(11)} = 2.32$, $p < 0.05$).

ERK2 modulates preference for sucrose

To further characterize the functional consequences of altered ERK2 signaling within the rat VTA, we assessed the effects of wtERK2 and dnERK2 on behavioral reactivity to a natural reward, namely, sucrose preference (Fig. 5a–d) ($n = 12$ – 15 per group). This procedure has been used extensively as an animal model of anhedonia (Willner et al., 1987; Papp et al., 1991; Sampson et al., 1992). Overall analyses indicated that HSV microinjections did not significantly affect the total fluid intake (water + sucrose) during either testing day (Fig. 5b). However, sucrose preference varied as a function of ERK2 expression ($F_{(2,38)} = 14.45$, $p < 0.003$). HSV–wtERK2 overexpression increased sucrose preference when compared with its pretest scores (Fig. 5a) or the HSV–GFP-treated rats during the posttesting day ($p < 0.05$).

ERK2 activity within the VTA also regulated preference for sucrose after 7 d of chronic unpredictable stress. Viral-mediated gene transfer influenced sucrose preference as a function of virus treatment ($F_{(3,68)} = 7.76$, $p < 0.0001$), stress (before vs after stress, $F_{(1,68)} = 12.67$, $p < 0.001$) and virus \times stress interaction ($F_{(3,68)} = 10.84$, $p < 0.0001$) without affecting total liquid intake ($n = 8$ – 10 per group, $p > 0.05$) (Fig. 5d). *Post hoc*

analyses show that chronic unpredictable stress alone decreased sucrose preference (a depression-like effect) in the sham- and GFP-treated rats ($p < 0.05$, before vs after stress, respectively) (Fig. 5c). Conversely, we found that wtERK2 overexpression enhanced preference for sucrose after chronic unpredictable stress when compared with sham- and HSV–GFP-treated rats ($p < 0.05$, respectively). Downregulation of ERK2 did not affect sucrose preference after chronic stress, thus indicating that HSV–dnERK2 blocked the effects of chronic unpredictable stress on sucrose preference (Fig. 5c), an antidepressant-like effect (Willner et al., 1987).

ERK2 activity in the VTA regulates responses to nociceptive stimuli

We next assessed the influence of ERK2 in the rat VTA on unconditioned behavioral responses to nociceptive stimuli ($n = 10$ – 11 per group) (Fig. 6a). When compared with the GFP-treated group, overexpression of wtERK2 in the VTA decreased the threshold footshock intensity required to elicit jumping ($F_{(2,29)} = 23.08$, $p < 0.001$), without affecting the threshold intensity to elicit a flinch reaction. A similar pattern of results was observed for the intensity necessary to evoke vocalization ($F_{(2,29)} = 5.68$, $p < 0.01$), with wtERK2-treated rats showing lower threshold intensity when compared with the dnERK2-treated group ($p < 0.05$), but not the GFP-treated control group ($p > 0.05$). No differences between controls and dnERK2-treated rats were observed.

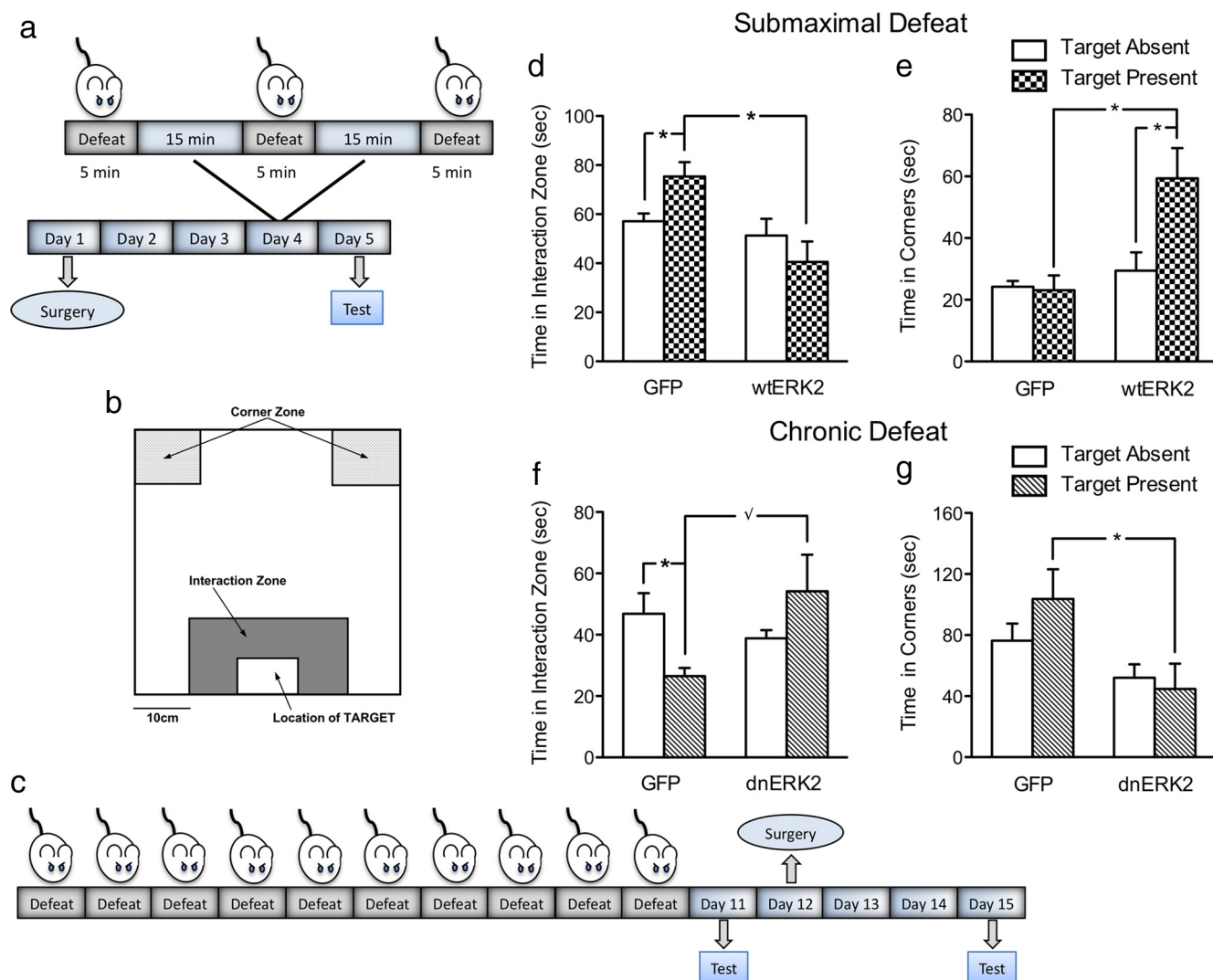


Figure 4. ERK2 in the VTA regulates behavior responses in the social defeat procedure in C57BL/6 mice. **a**, Schematic timeline of the submaximal social defeat procedure, in which C57BL/6 mice were defeated three times within a single day, 3 d after HSV–GFP or HSV–wtERK2 infusions into the VTA. **b**, Schematic diagram of the social interaction/avoidance arena illustrating the geographic location and size of the interaction and corner zones with respect to the enclosure in which a social target is positioned. **c**, Schematic timeline of the chronic social defeat procedure, in which C57BL/6 mice were defeated 10 consecutive days (10 min/episode). Mice showing clear avoidance phenotypes 24 h after the last defeat (day 11) underwent HSV (GFP or dnERK2) surgery on day 12 and were tested for social avoidance behaviors on day 15 (3 d after HSV surgery). **d**, Naive mice infused with HSV–GFP ($n = 6$) and subjected to submaximal social defeat showed significantly higher levels of interaction ($p < 0.05$), whereas HSV–wtERK2 overexpression in the VTA ($n = 8$) prevented interaction levels ($p > 0.05$; HSV–wtERK2 target absent vs target present). Furthermore, HSV–wtERK2-treated mice showed significantly less time in the interaction zone when compared with HSV–GFP-treated mice ($p < 0.05$) in the presence of the target. **e**, This was also evident when assessing time in the corner zones, in which HSV–wtERK2-treated mice spent significantly more time in the corners in the presence of the target. In the chronic social defeat experiment, we examined the effects of viral manipulation on two matched groups of socially avoidant mice ($n = 6–7$ per group). **f**, Whereas a clear avoidant phenotype was observed after an intra-VTA injection of HSV–GFP ($p < 0.05$), overexpression of HSV–dnERK2 alleviated social avoidance ($p > 0.05$) and showed higher social interaction ($\chi^2 p = 0.06$). **g**, When assessing time in the corner zone, HSV–GFP-treated mice spent significantly more time in the corners when compared with HSV–dnERK2-treated mice. Data are presented as mean \pm SEM. * $p < 0.05$.

ERK2 activity in the VTA regulates anxiety-like behavior

The effects of ERK2 activity within the VTA on anxiety-eliciting situations, as measured by the elevated plus maze, are shown in Figure 6b ($n = 13$ per group). A one-way ANOVA revealed that percentage time spent in the open arms varied as a function of virus treatment ($F_{(2,36)} = 10.42$, $p < 0.001$). HSV–wtERK2-treated rats spent significantly less time in the open arms (an anxiety-like response) when compared with HSV–GFP controls ($p < 0.05$), whereas HSV–dnERK2-treated rats did not differ from the HSV–GFP-treated controls ($p > 0.05$). Virus treatment also affected the percentage of entries into the open arms of the maze ($F_{(2,36)} = 7.73$, $p < 0.002$). No differences in the percentage of entries into the open arms were observed between the HSV–dnERK2-treated and HSV–GFP-treated rats ($p > 0.05$), whereas

HSV–wtERK2-treated rats had a tendency toward less percentage entries onto the open arms compared with the HSV–GFP-treated controls ($p = 0.057$). Additionally, virus treatment influenced time spent self-grooming in the closed arms of the maze ($F_{(2,36)} = 10.72$, $p < 0.001$). Although the HSV–wtERK2-treated rats displayed higher ($p = 0.055$) and the dnERK2-treated rats displayed lower ($p = 0.052$) self-grooming (when compared with the HSV–GFP-treated rats), these differences were marginally significant.

ERK2 regulation of VTA dopamine neuron firing rate

Our behavioral data indicate that overexpression of HSV–wtERK2 in the VTA increases susceptibility to stress, whereas overexpression of HSV–dnERK2 produces stress-resistant re-

swim test, tail suspension test, and chronic social defeat procedure. HSV-dnERK2 also reversed a decrease in sucrose preference induced by 7 d of chronic unpredictable stress, a response categorized as antidepressant-like behavior (Willner et al., 1987; Pucilowski et al., 1993; Di Chiara et al., 1999; Tacchi et al., 2008). In contrast, HSV-dnERK2 did not affect responses to nociceptive or anxiogenic stimuli. Together, these data demonstrate that stress-induced activation of ERK2 within the VTA is both necessary and sufficient to mediate depression-like sequelae of stress, with a possible role in anxiogenic and aversive sequelae as well.

Surprisingly, we also found that elevated ERK2 activity in the VTA enhances sucrose preference, in both normal and stressed animals, a finding that appears contradictory to a depressive-like response seen in several other assays. The explanation for this paradoxical effect remains unknown. One possibility is that wtERK2 overexpression in this brain region sensitizes the reward circuitry despite inducing depression-like behavior (Yap and Miczek, 2008), thus mimicking enhanced responses to appetitive behaviors observed in rodents after stress (Lu et al., 2006; Lin et al., 2010). Chronic stress has been found to both decrease (Zacharko et al., 1983) and increase (Willner et al., 1998; Kreibich et al., 2009) appetitive responses, and therefore the enhanced sucrose preference induced by wtERK2 could represent a specific characteristic of a subtype of depressive disorder (Kosten et al., 1998; Posternak, 2003; Nestler and Carlezon, 2006). Clearly, additional research is needed to delineate the role played by ERK in the VTA in the interactions between responses to natural reward and stress.

Previous work indicates that the dopamine system is highly responsive to stress (Horger and Roth, 1996) because both fear and restraint stress increases dopamine neuron firing rate (Guarraci and Kapp, 1999; Anstrom and Woodward, 2005), and enhanced excitability of these neurons is a signature of susceptibility to social defeat stress (Krishnan et al., 2007, 2008). We therefore assessed the effects of HSV-ERK2 treatments on VTA firing rates using a VTA slice culture preparation. We discovered that HSV-dnERK2 treatment significantly decreased the firing rate of VTA dopamine neurons, consistent with the antidepressant-like effects of this manipulation demonstrated here in several behavioral assays, whereas no change in firing rate was evident after HSV-wtERK2 treatment. A possible mechanism by which decreased ERK2 activity reduces VTA firing rate is via GABA_A receptors, because pharmacological inhibition of ERK results in an enhancement of GABA_A-gated currents in heterologous expression systems (Bell-Horner et al., 2006). Given the present behavioral results, it is surprising that HSV-wtERK2 did not increase VTA firing rate. It is conceivable that increased ERK2 activity does not increase dopamine cell firing per se but may enhance the intrinsic excitability of neurons such that the cells are primed to respond excessively in response to stress, a possibility that now requires additional *in vivo* investigation. As well, the viral vectors used in the present study, although specific for neurons, target all neurons; thus, it would be important in future studies to determine which class of VTA neurons (i.e., dopaminergic vs GABAergic) are responsible for mediating the observed ERK2-induced biochemical and behavioral responses.

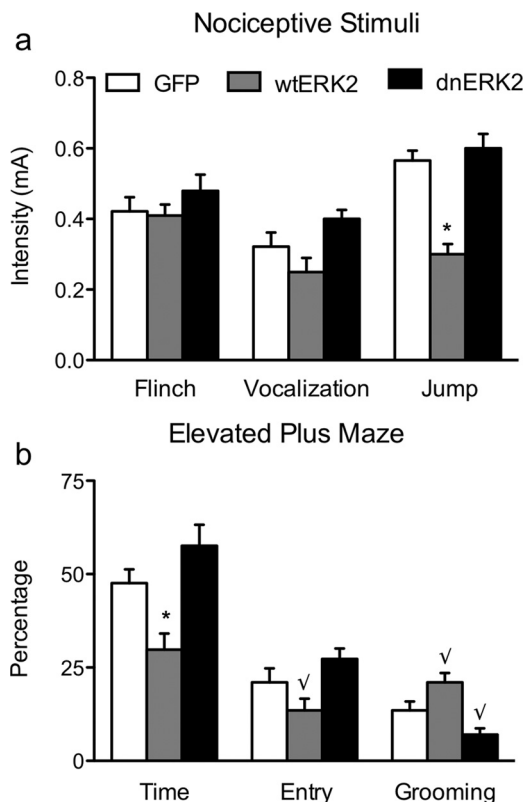


Figure 6. *a, b*, ERK2 in the ventral tegmental area regulates responses to nociceptive (*a*) and anxiogenic (*b*) stimuli. Rats with HSV-wtERK2 overexpression jumped at lower footshock intensities than rats overexpressing GFP ($n = 10–11$ per group). HSV-GFP- and HSV-dnERK2-treated rats did not differ in their responses to footshock. *b*, Rats overexpressing wtERK2 spent significantly less time in the open arms of the elevated plus maze than the HSV-GFP controls ($n = 13$ per group). HSV-wtERK2-treated rats also had a tendency toward less open arm entries and higher grooming time within the closed arms compared with HSV-GFP-treated rats. * $p < 0.05$, significantly different from HSV-GFP group. $\surd p = 0.05$ when compared with HSV-GFP controls.

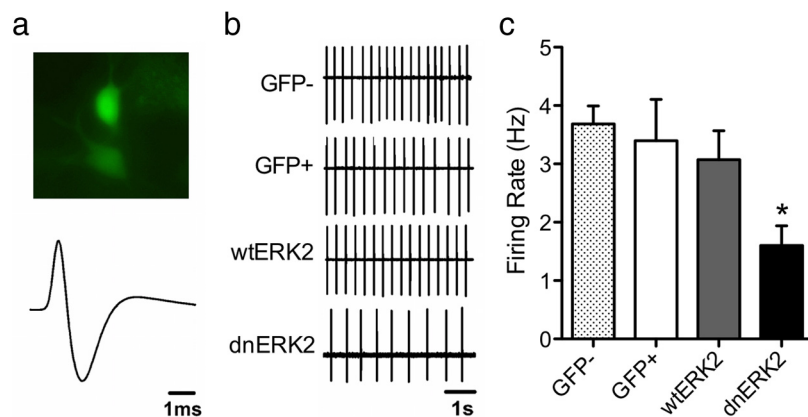


Figure 7. Decreased ERK2 lowers the excitability of VTA dopamine neurons ($n = 22–24$ cells per group). *a*, GFP expression of infected dopaminergic neurons within the VTA slice culture and a sample spontaneous triphasic waveform action potential. *b*, Sample recordings from untreated (GFP-), HSV-GFP-treated (GFP+), HSV-wtERK2-GFP-treated (wtERK2), and HSV-dnERK2-GFP-treated (dnERK2) VTA slice cultures. *c*, HSV-dnERK2-infected VTA neurons showed a significantly decreased firing rate when compared with controls (GFP- and GFP+). * $p < 0.05$.

Previous studies assessing the role of ERK activity in mediating responses to stress and antidepressant-like effects are equivocal. Pharmacological inhibition of ERK activity in hippocampus, amygdala, or prefrontal cortex has been reported to induce a pro-depressant behavioral response (Duman et al., 2007; Gourley

et al., 2008; Tronson et al., 2008; Qi et al., 2009), whereas others report antidepressant phenotypes (Fumagalli et al., 2005; Huang and Lin, 2006; Creson et al., 2009; Todorovic et al., 2009). The discrepancies between these studies may be the result of experimental design factors, such as stress conditions, antidepressant exposure (i.e., regimen and dose), and differential effects of various pharmacological inhibitors on several cellular elements (neuronal cell bodies, nerve terminals, and glia) within the injected area. In contrast, HSV vectors affect neuronal cell bodies only and thereby enable more precise hypotheses to be tested. Regardless, the observation that manipulations of the ERK pathway in different brain regions bring about distinct behavioral phenotypes in response to stress is not surprising, because BDNF, which is upstream of ERK, induces opposite behaviors between the hippocampus (Shirayama et al., 2002; Duman and Monteggia, 2006) and the VTA–NAc circuitry (Eisch et al., 2003; Berton et al., 2006; Krishnan et al., 2007).

Our overall findings are in agreement with abundant evidence suggesting that the ERK pathway plays an important role in mediating several domains of complex behavior, including responses to drugs of abuse (Berhow et al., 1996; Lu et al., 2006; Girault et al., 2007; Lu et al., 2009) and mood regulation (Manji et al., 2000; Einat et al., 2003; Dwivedi et al., 2006; Todorovic et al., 2009). More specifically, we establish a novel role for elevated ERK2 levels within the VTA in increasing sensitivity to stressful circumstances, whereas blockade of ERK2 activity in this region results in a stress-resistant phenotype. Thus, our data identify a new neurobiological mechanism underlying stress responsiveness and point directly to ERK2 and its many downstream signaling molecules as potential therapeutic targets for mood disorders (Manji and Chen, 2002). The present results further substantiate the influence of the VTA–NAc circuit on mood regulation and underscore the need for a clearer understanding of the mechanisms downstream of ERK2 in the VTA that regulate depression-like behavior.

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